## New Frontier

Fallon, Nevada

Certified Community Behavioral Health Clinic



Gambling Program Brief

## Intake Procedures

#### Residential Clients

- Application
- Meet with Intake
- GA 20 questions then NODS
  - ► GA 20 Gambling Assessment
  - NODS National Opinion Research Center DSM Screen for Gambling
- ► GPPC
  - ► GPPC Gambling Patient Placement Criteria
- Intake with Gambling Counselor

## **Outpatient Clients**

- Application
- Meet with Intake
- GA 20 questions then NODS
  - ► GA 20 Gambling Assessment
  - NODS National Opinion Research Center DSM Screen for Gambling
- ▶ GPPC
  - ► GPPC Gambling Patient Placement Criteria
- ► Intake with Gambling Counselor

## Once Admitted to New Frontier

#### Residential Client

- Intensive Outpatient Model
- Mental Health & Addiction & Gambling treatment services
- Continued screenings through attendance at gambling education groups
- Residential groups
- Individual counseling
- On-Site Gambler's Anonymous meetings

## **Outpatient Client**

- Services determined by Clinical necessity
- Mental Health & Addiction & Gambling treatment services
- Non-identified gamblers have continued screening
- Outpatient groups
- Individual counseling
- On-site Gambler's Anonymous meetings

## Treatment—Meeting the client's goals

- Individualized Treatment Plans~~Counselors work with the clients to determine short and long term goals. Gambling and Mental Health goals are integrated to assist the client in all aspects of their recovery.
- ► Cognitive Behavioral Therapy~~ Help the client to identify how their attitudes and behaviors affect their gambling recovery processes. How they 'think' about gambling, what they believe is or is not possible.
- Family Systems Theory~~ Help the client understand how their family story impacts their gambling habits. The family can be integral to recovery, yet family traditions of gambling may detract. Counselors guide clients through their discovery processes.
- Individual Counseling~~Counselors work with client to identify distorted thinking and implement strategies to avoid relapse situations.
- ► Group Settings~~ Allow clients the freedom to explore their own gambling behaviors while discussing key ideas with peers.

## The Populations We Serve:

## CCBHC

### Mental Health Focus

- Children
- Adolescents
- ► Transitional Aged Youth
- Adults, including the elderly
- Families
- Homeless

## AOD/Gambling

#### **Addictive Disorders**

- Adults, including the elderly
- Families
- Significant Others
- Homeless

# CCBHC: Designed to provide a comprehensive range of mental health & substance use disorder and primary healthcare services.

Screening, Assessment, Risk Assessments

#### 24/7/365 Crisis Services

- Underserved individuals and families, including the homeless population
- Low income individuals and families, including the elderly
- Those who are insured, uninsured or on Medicaid
- Members of our armed services and veterans

- Those with long-term chronic addiction
- Those with complex health profiles
- Expanded coordination with other health care and social service providers

# New Frontier

Fallon, Nevada

Certified Community Behavioral Health Clinic

